## PRINCE'S TRUST STORIES

"My job has changed me as a person. I feel like I'm not just a mum now, I've got my own career too which I'm proud of myself for."

Before she became a Healthcare Assistant, Natalie Taylor, 30, from Lancashire, was a stay-at-home Mum to her five young children, her youngest of whom was born with a chronic lung condition and required 24-hour care.

"I really struggled finding work when I was looking after my children, and I hadn't had a job for five years by the time I reached out to The Prince's Trust. Especially with my little girl being poorly, I felt like I didn't have enough time to work.

"I'd always wanted to work for the NHS and become a nurse though, even more so when I had my daughter and became her full-time carer. It gave me a lot of get up and go to start my career in healthcare.

"I found out about Get into Hospital Services with The Prince's Trust and East Lancashire Hospital Trust in the summer of 2020. Being at home with five children and not seeing many people, especially during lockdown, my confidence and self-belief was really low. On the course, I realised that I could work in a hospital, and I just needed to believe in myself."

"It helped to always have somebody to talk to when I was feeling overwhelmed or unsure of myself, and it was important to be in an environment where I could meet new people every day. I started coming out of the shell that I'd been in." The East Lancashire Hospital Trust saw Natalie's potential on the programme and shortly after offered her a Healthcare Assistant placement.

For four weeks, Natalie got her five children ready and out of the house by 7:30am and arrived at her placement on time every day with a smile on her face. "Even though it was stressful working during a busy period of the pandemic for Lancashire, I just wanted to do my bit and make a difference."

Natalie now works as a full time Health Care Assistant role in the Accident and Emergency department. "No matter how hard and tiring work can be, I just love looking after my patients and I wouldn't change my job for the world. I've spent so much time in hospital because of my daughter, so I understand how my patients and their families feel and I can communicate with them.

"My job has changed me as a person. I'm happier at home and around the kids now. I was able to take the kids on our first holiday abroad last year to Spain, it made me so happy to see them smiling."

